

**FAIRPLAY OUTDOOR EDUCATION CENTRE RISK ASSESSMENT**  
**BLACKWATER SAILING CLUB**  
**TRAINING LAKE**  
**SAILING**

HAZARD	AT RISK	DEGREE OF RISK	ACTION TO CONTROL RISK	COMMENTS
<b>DROWNING</b>	<b>INSTRUCTOR/ CLIENT</b>	<b>LOW</b>	<ul style="list-style-type: none"> <li>Buoyancy aids must be worn whilst afloat.</li> <li>Buoyancy aids must be the right size and checked by FPH instructor.</li> <li>Close supervision of all participants.</li> <li>Qualified First Aider in instructional team.</li> </ul>	
<b>HYPOTHERMIA</b>	<b>INSTRUCTOR/ CLIENT</b>	<b>LOW</b>	<ul style="list-style-type: none"> <li>Waterproofs and spray tops to be provided in cold weather.</li> <li>Qualified First Aider in instructional team.</li> <li>Exposure blankets accessible from mini bus.</li> </ul>	
<b>BACK INJURY</b>	<b>INSTRUCTOR/ CLIENT</b>	<b>LOW</b>	<ul style="list-style-type: none"> <li>Instruct participants when moving/lifting the equipment.</li> <li>Ensure teamwork.</li> </ul>	
<b>ILLNESS</b>	<b>INSTRUCTOR/ CLIENT</b>	<b>MEDIUM/ LOW</b>	<ul style="list-style-type: none"> <li>Ensure cuts/open wounds are dressed before activity.</li> <li>If blue-green algae is present the lake will not be used.</li> <li>Discourage excessive submersion of participants.</li> </ul>	

<b>GENERAL INJURIES</b> (Notably to feet and head)	<b>INSTRUCTOR/ CLIENT</b>	<b>LOW</b>	<ul style="list-style-type: none"> <li>• Ensure group members have adequate footwear.</li> <li>• Fully brief on need for care on slipway and underwater obstacles.</li> <li>• Helmets are worn at the discretion of the Head of Sailing.</li> <li>• Qualified First Aider in instructional team.</li> </ul>	
<b>RETRIEVAL OF THE FLEET</b>	<b>CLIENT</b>	<b>LOW</b>	<ul style="list-style-type: none"> <li>• Capsize and recovery brief prior to going afloat.</li> <li>• Instruction is given on the water with the aid of another craft.</li> <li>• Safety boat on the water at all times.</li> </ul>	
<b>INVERSION</b>	<b>INSTRUCTOR CLIENT</b>	<b>LOW/ MEDIUM</b>	<ul style="list-style-type: none"> <li>• Clients are fully briefed prior to going afloat if they are sailing without an instructor.</li> <li>• Buoyancy is added to the head of the Laser Fun Boat sails.</li> <li>• Safety boats are always in attendance.</li> <li>• Qualified instructors fully trained in inversion recovery.</li> <li>• Qualified safety boat drivers fully trained in inversion recovery.</li> </ul>	
<b>COLLISION</b>	<b>INSTRUCTOR CLIENT</b>	<b>LOW/ MEDIUM</b>	<ul style="list-style-type: none"> <li>• Powerboat to be driven by RYA qualified staff.</li> <li>• Group members to be instructed to avoid each other.</li> </ul>	

WEATHER CONDITIONS	INSTRUCTOR CLIENT	LOW/ MEDIUM	<ul style="list-style-type: none"> <li>• Weather forecast will be views by SI every morning and a judgment will be made as to whether the sailing will go ahead.</li> <li>• If an instructor feels the session is becoming uncontrollable due to squally conditions, then fleet can be reduced or stop the activity.</li> <li>• If there is a threat of lightning, then everyone must come the water until half an hour after the last lightning strike.</li> <li>• Students must be appropriately dressed for the conditions.</li> </ul>	
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**This risk assessment is reviewed annually or earlier if necessary**